

Be Still*Scripture: Psalm 46:10*

1. Be still – v. 10a

2. Acknowledge Him – v.10b

ONE THING

Be still in God's presence and find what you have been looking for all along.

At Home Study Guide

For the week of May 10, 2020

The Bible gives simple instructions on how to live. Ephesians 5:1-2 keeps it simple, instructing us to be imitators of God and walk in love. How do we practically live that out? Follow along as we consider a new truth each week to help us live as God's dearly loved children.

1. Be still. That's tough right now, isn't it? In what areas of your life are you having trouble being still before God?

2. KNOW that I am God. Don't forget that little word know, because anxiety often comes from leaving God out and managing life on our own. Read all of Psalm 46. What kinds of things is God in charge and control of?

3. He is God! Spend some time worshipping God today, and acknowledging his sovereignty over everything.

ONE THING

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