

Burdens and Loads
Galatians 6:1-10

1. Share _____ – vv.1-3

2. Own _____ – vv. 4-6

3. Reap what you _____ – vv.7-10

To Go

1. Make a list of others' burdens (boulder) you are helping to shoulder.
2. Make an effort this week to give back a responsibility (load) that is not yours to carry.
3. Take some time this week to create and implement a necessary boundary that will help your relationship move toward greater health.
4. Using the idea of "reap what you sow" as a test, when it comes to your relationships, what are you sowing?

At Home Study Guide

For the week of November 13, 2016
“Burdens and Loads” • Galatians 6:1-10

Quick Review

There is no easy button to authentic relationships. When we are authentically relating to others, things can be beautiful and messy. Our study of Galatians 6:1-10 invites us to consider some of the ways healthy relationships differ from unhealthy relationships. Authenticity invites challenge. When we are being honest we discover the strengths and weaknesses of the other. Those strengths, weaknesses, gifts and limitations can often prompt conflict. Conflict in relationships can look like many things including: boasting, envy, jealousy, provoking one another, comparison, or false humility. In every authentic relationship, the Christ-follower is invited to rise above the desires of the flesh and pursue the leading of the Holy Spirit. In the most basic sense, this leading of the Holy Spirit will look like doing good for others with a heart devoted to Jesus.

Many families have relationships that drift to one extreme or another. Was your family more quick to take on another’s burdens or push each person to their own responsibilities?

Read Galatians 5:16-6:10. How does the discussion on fruit of the Spirit inform your understanding of 6:1-10?

Paul writes a similar command to the Corinthians church in 1 Corinthians 10:12-13. What about his instruction there is helpful to your understanding of Galatians 6:1-10? What dangers exist for those who desire to help another caught in sin?

The temptation to boast threatens those serving Jesus and experiencing perceived or real success. What pattern do you notice from Galatians 6, 2 Corinthians 10:13-18, and Romans 15:17?

Meditate on or memorize 6:9-10. Allow the truth of these words to wash over you so that you do not lose hope as you seek to do good in Jesus’ name.

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