



BETHELCHURCH

The Secret of Contentment
Philippians 4:10-20
Pastor Andy Veith

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1. The _____ of Contentment – vv. 10-12

- 2 Corinthians 12:10 (NLT) - ¹⁰That’s why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. For when I am weak, then I am strong.

2. The _____ of Contentment – v. 13

- Phil. 4:13 (TLB) – ¹³for I can do everything God asks me to with the help of Christ who gives me strength and power.
- If Paul had a personal motto, it might have sounded like this: “I can through Christ!” OR “I am self-sufficient in Christ’s sufficiency.”

3. The _____ of Contentment – vv. 14-20

- 1 Thessalonians 5:18 (NLT) - ¹⁸Be thankful in all circumstances, for this is God’s will for you who belong to Christ Jesus.

To Go

1. Share with someone (friend, spouse, etc.) a time in your life when you were struggling yet experienced contentment.
2. Read Philippians 4:13 out of context (stand-alone verse) and then re-read it in context (vv.10-20). How does knowing v.13 in context challenge how you have used it in your life?
3. Bless a person or a family this week with an anonymous gift.



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At Home Study Guide

For the week of August 28, 2016

Quick Review

Of all the churches that Paul planted, the Philippians went above and beyond in their support of Paul's ministry. They were quick to share their material wealth with Paul and were generous in sending workers to help accomplish the spread of the good news. Paul concludes his letter to the Philippians with profound thanksgiving for their financial gift and the sending of Epaphroditus. As Paul writes from a jail cell, knowing his life will soon end at the hand of the Roman government, he reminds the church that contentment is less about our circumstances and more about the One who strengthens. An often quoted verse, 4:13 is a great reminder that in Christ, we can be content through any circumstance.

Of all the gifts you may have received in life, which two or three stand out and why?

Generosity is built into the DNA of the gospel. Read Romans 5:8 and consider how is God generous toward you and me?

If you were to summarize 4:10-13 for a class of third graders, what would it sound like?

As we see in 4:14-20, God often uses our presence as a generous act in the lives of other believers. To whom can you be generous with your time this week?

Consider memorizing 4:13 and 4:20. Ask God to remind you of 4:13 and 4:20 this week when you face trying circumstances.

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